

Good Leadership

ALIGNING TEAMS TO THRIVE AND WIN TOGETHER.

When the team at the top is not aligned, everyone suffers. Partner with executive coaches who have proven they can eliminate friction and burnout so your people can thrive together.

Our Approach

We disrupt the typical coaching model and instead align teams through a “win together” philosophy.

The Good Leadership Difference:

1. **Pragmatic Approach.** We use a structured process backed by science to get there faster.
2. **Professional Coaches.** We have real-world change management and executive leadership experience.
3. **Aspirational Process.** We stretch people to see what’s possible when they work together better.



KRISTA PORVAZNIK - EXECUTIVE TEAM COACH

Krista Porvaznik brings 20 years of experience in leadership and organizational development to her work as an executive team coach with Good Leadership. She is also the Founder and CEO of Ceiba Coaching and Consulting. She has found her purpose in guiding leaders and teams through experiences that create insight, change mindsets, and lead to sustained personal and organizational transformation. When she is not working, you will find her relaxing with her family.

We coach teams so they can create the commitment and accountability to do what’s necessary to remove the organizational suffering associated with misalignment.

You can’t do surgery on yourself. We’re here to help.

goodleadership.com
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**GOODNESS
PAYS®**

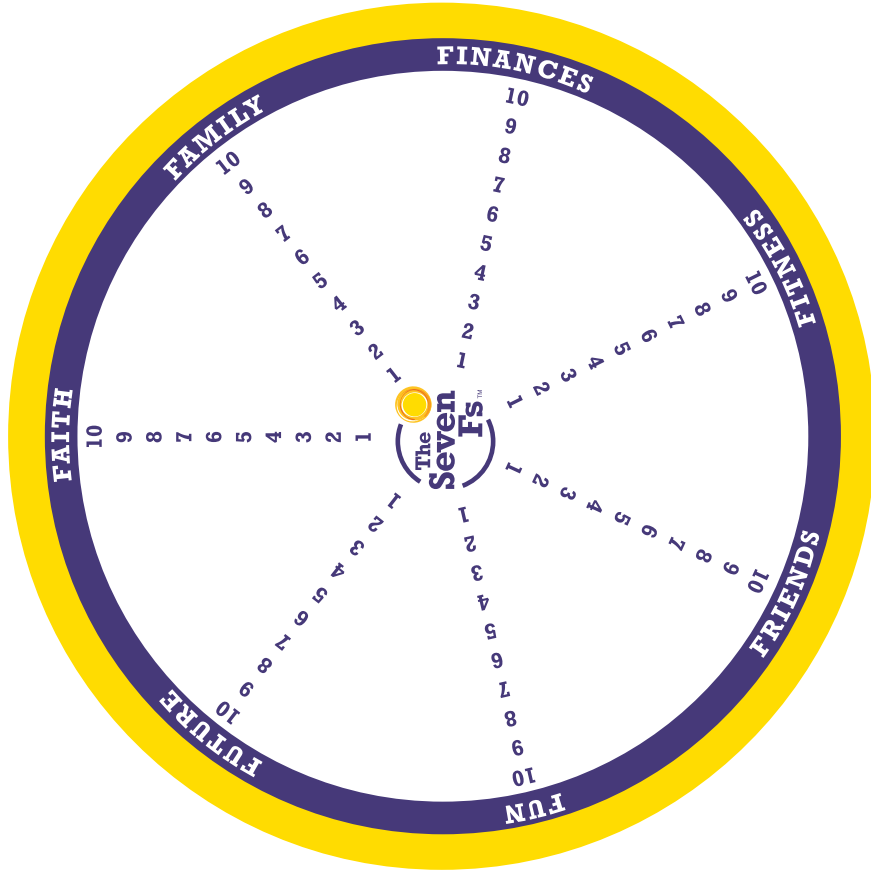
Seven Fs Insight Tool

Good leaders know **goodness pays**® when people thrive together in a culture of encouragement, accountability, and positive teamwork. This tool helps you see a picture of what you need to thrive in your life, as a foundation for goodness in your leadership.

Instructions: Read the descriptions for each of the Seven Fs. Then, circle the number which best describes your satisfaction on each of the spokes of the Seven Fs Wheel. Create a shape by connecting all seven of your scores by moving clockwise around the wheel.

Name: _____
Date: _____

- Faith** – How satisfied are you with your spiritual life?
- Family** – How satisfied are you with your loved ones, who share a common sense of home?
- Finances** – How satisfied are you with how your money funds your priorities?
- Fitness** – How satisfied are you with the health of your body?
- Friends** – How satisfied are you with the people who share your joys and disappointments?
- Fun** – How satisfied are you with the part of your life that is playful and joyful?
- Future** – How satisfied are you with the hope you have for yourself and others?



1 = Low 10 = High

Coaching Questions

1. After connecting the dots - Will your Seven Fs Wheel roll?
▲
2. Which of the Seven Fs can you blend together to help your wheel roll better?
▲
3. Which of the Seven Fs best describes how you think about your work?
▲