

# **MNASCA 2023 Annual Conference**

The Minnesota Ambulatory Surgery Center Association (MNASCA) held its annual conference on October 5-6, 2023, at the Minneapolis Marriott Southwest. Our goals for this year's event focused on helping participants learn and connect professionally and focus on their personal well-being and resiliency. We offered ten educational sessions on timely and relevant topics of interest to all ASC members. The 2023 educational program was approved for up to 10.0 hours of AEUs and up to 2.0 hours of IPCHs by BASC Provider #6240.

#### **Event Overview**

- 2023 was our highest attended conference with 142 ASC attendees from 47 centers with 33 registrants attending Thursday only (23% drop-off) and 3 registrants attending Friday only.
- Six representatives from our two corporate member companies joined us for the event.
- 70 vendor representatives from 35 sponsoring companies participated in the conference.
- 31% of ASC attendees completed the post-event survey.
- 70% of respondents indicated that they have previously attended a MNASCA conference; 30% were first-time attendees.
- 75% of survey respondents rated the event as very good (4) or excellent (5).
- Survey respondents rated the event facility a 4.5 out of 5 stars.
- 11 survey respondents volunteered to participate in a focus group to provide more indepth feedback and guidance as we plan next year's event.

#### **Attendee Profile**

Based on attendance data, the 2023 MNASCA Annual Conference attracted ASC professionals from all levels. Here's a breakdown of this year's attendees by role:

| Attendee Roles                 | Number | Percentage |
|--------------------------------|--------|------------|
| CEO/Administrator              | 22     | 15.49%     |
| Clinic/Business Unit Director  | 31     | 21.83%     |
| Clinic/Business Office Manager | 16     | 11.27%     |
| Materials Manager              | 5      | 3.52%      |
| Quality Manager                | 10     | 7.04%      |
| Periop Manager                 | 39     | 27.46%     |
| Registered Nurse               | 19     | 13.38%     |





### **Why ASCs Participate**

To understand why ASCs choose to attend the MNASCA Annual Conference, we asked survey respondents to share their primary reasons for participating in the event. Here is what we learned:

| Why do you participate?                         | Percentage |
|---|------------|
| Agenda with compelling content                  | 77.27%     |
| Networking with other ASC professionals         | 77.27%     |
| Opportunity to earn continuing education credit | 70.45%     |
| Convenient event location                       | 47.73%     |
| Variety of vendors                              | 27.27%     |
| Affordable registration fees                    | 20.45%     |

### **Most Valuable Aspects of the Conference**

Educational content and speakers were frequently mentioned as the most valuable part of attendees' conference experience, followed by connecting with other ASC professionals and vendors. Many survey respondents also mentioned specific topics and speakers that resonated with them. Here is a breakdown of the topics survey respondents mentioned in their responses to this question:

| What was the most valuable aspect? | Percentage |
|------------------------------------|------------|
| Speakers/content                   | 62.50%     |
| Coaching and leadership            | 32.50%     |
| Stress management and resiliency   | 20.00%     |
| Networking opportunities           | 17.50%     |
| Vendor connections                 | 12.50%     |
| MDH updates                        | 12.50%     |
| Legislative updates                | 10.00%     |
| Anesthesia models                  | 7.50%      |
| Materials/supply chain management  | 7.50%      |
| Cannabis impacts                   | 5.00%      |
| Sterilization methods              | 5.00%      |
| Quality studies/reporting          | 2.50%      |
| Workforce/staffing issues          | 2.50%      |

#### **Vendor Connections**

Over 60 percent of survey respondents thought the exhibit fair set-up and timing worked well and that the format and games facilitated valuable connections with vendors. We will be asking vendors to share their feedback on the conference, as well as other benefits that would compel them to sign-up as a MNASCA sponsor and/or corporate member in the future.



### **Key Takeaways**

We asked attendees to share one or two things they learned at the 2023 Annual Conference. Here are key takeaways that participants shared in their comments:

| What are 1-2 things you learned?            | Percentage |
|---|------------|
| Legislative updates/advocacy tips           | 34.29%     |
| Understanding cannabis impacts              | 22.86%     |
| Stress management and resiliency strategies | 20.00%     |
| Coaching and leadership techniques          | 17.14%     |
| Sterilization methods                       | 17.14%     |
| ASC survey process                          | 14.29%     |
| Workforce/staffing issues                   | 11.43%     |
| Mergers & acquisitions reporting            | 8.57%      |
| Materials/supply chain management           | 8.57%      |
| Anesthesia models                           | 8.57%      |
| Health insurance changes                    | 5.71%      |
| Quality studies/reporting                   | 5.71%      |
| Candor Act implementation                   | 2.86%      |
| Vendor connections                          | 2.86%      |

## **Educational Session Ratings**

When asked to rate the educational sessions on a scale of 1 to 5 (with 1=poor and 5=excellent), attendees gave the highest ratings to the Thursday and Friday keynote speakers, sessions focused on legislative/regulatory issues, and the panel session on evaluating anesthesia models. Here's a full listing of the sessions with their weighted average rating:

- 1. Cultivating a Coaching Mindset | Keynote Holly Huso (4.67)
- 2. Reducing Stress and Building Resiliency | Keynote Debbie Fuehrer (4.53)
- 3. Minnesota Marijuana Legalization: Impacts on Workplace and Drug Policies (4.16)
- 4. 2023 Legislative Update: A Consequential Session (4.05)
- 5. The State of Anesthesia (4.02)
- 6. Minnesota Department of Health Agency and Regulatory Impacts for ASCs (4.00)
- 7. Quality Improvement Studies: Best Practices, Strategies & Tools for Tracking Data and Better Patient Outcomes (3.93)
- 8. Healthcare Workforce: Challenges and Solutions for ASCs (3.93)
- 9. Navigating Supply Chain Constraints (3.88)
- 10. A Deeper Understanding of What is Happening in the Magic Box! (3.60)